

brightline



Virtual mental health care for kids and families

Brightline is the first virtual pediatric behavioral health solution built specifically for kids and teens ages 0-17, and their parents/caregivers



1 in 4 children now have a mental, emotional, or behavioral disorder.¹

Brightline is designed to support kids, teens, and their parents/caregivers — providing families the tools they need to learn, grow, and thrive — now — and into the future.

From newborns to teens, Brightline offers care for a wide spectrum of needs.

Ages 0-5: Coaching for parents

We support parents as they manage tantrums, sleep, separation anxiety, and more.

Ages 6-12: Coaching or therapy

Our multidisciplinary care teams treat a range of common challenges for kids from 6-12 years old including disruptive behaviors, school transitions, and bullying, as well as more acute needs such as clinical depression, trauma, and ADHD.

Ages 13-17: Coaching or therapy

We support teens struggling with common concerns such as body image, relationships and self-confidence, as well as more complex conditions.

Average appointment availability

- Within one day for coaching
- Within one week (or less) for therapy

Brightline includes:



A one-stop digital platform for multidisciplinary care

Live virtual coaching, therapy, and psychiatry from pediatric experts



Right care, at the right time

Regular assessments ensure each family receives the right level of care, according to their current needs



Family-focused guidance

Supporting the entire family including parent training is 3x more likely to be clinically effective²



Care collaboration

Coordination with teachers, pediatricians, counselors, and other providers ensures comprehensive care



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